

Spark
Creativity

DRAMA WORKBOOK

ONE

FOR FOUNDATION PHASE TEACHERS

A guide to incorporating age appropriate
Drama activities in your classroom

Following
the CAPS
themes

YOU'VE BEEN SPARKED!



BY DEE & JACKIE FLEURIOT

Format



Each of our lessons will make use of the following format:

WARM UP

3-5 MINUTES

This is usually an interactive experience which draws learners into the drama lesson and prepares them for the lesson ahead.



WARM UP IDEAS:

PRE-EXPERIENCE

5-10 MINUTES

This activity sets the 'stage' for what is to come. It serves as an introduction for the experience part of the lesson.

PRE-EXPERIENCE IDEAS:

EXPERIENCE

10 MINUTES

This is the main part of the drama lesson. Everything before this has served as a surface level overview of the lesson. The experience gets to the fun, nitty-gritty of the theme at hand.

COOL DOWN

2-5 MINUTES

This serves as a calming activity for the learners.

COOL DOWN IDEAS:

WHAT YOU'LL NEED

- This offers a list of the teaching material you'll need for the lesson.

WAYS TO INCORPORATE CROSS CONTENT TEACHING

- This offers creative ideas of extension activities you could practise before or after the drama lesson.

HOW TO MAKE THE LESSON EASIER

- This offers ideas on how to simplify the drama lesson for the younger learners.

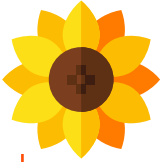
HOW TO MAKE THE LESSON MORE DIFFICULT

- This offers ideas on how to make the lesson more challenging for the older learners.

MORE WONDERFUL IDEAS:

Spring

DANCE & BODY MOVEMENT



WARM UP

3-5 MINUTES

ASK THE CLASS TO:

- Jump like they have springs stuck underneath both of their feet.
- Jump like they have a spring under one foot.
- Jump like they have a spring under the other foot.
- Position themselves on their hands and knees and move as though they have springs stuck underneath their hands.



MY WARM UP IDEAS:

EXPERIENCE

10 MINUTES

Ask the class to come up with an array of dance moves / steps to the title, " A Spring in my Step." Each move should be to the count of eight.

DANCE MOVE IDEAS:

- The Dab (search internet for reference)
- Orange justice (search internet for reference)
- Floss (search internet for reference)
- Side step (step left to right then right to left)
- Wave arms
- Jump sideways
- Wiggle your hips
- The chicken dance

Choose music with a good beat (e.g. "Sunshine in My Pocket" by Justin Timberlake) and lead the class using the steps your learners created.

Final performance: Give the students props and costumes and perform the dance (same moves, new song e.g. "Happy" by Pharrell Williams) one last time to an imaginary audience.

PRE-EXPERIENCE

5-10 MINUTES

Tell the learners they are all seeds. You (the teacher) are planting the seeds. Dig a hole and ask the 'seeds' to roll into the hole. Then, put soil over the seeds and water them.

NARRATE THE FOLLOWING:

"The sun comes out and the seeds begin to grow. First, they sprout a tiny shoot, then another shoot. The whole plant continues to grow slowly - taller and wider until finally it blooms." You can prompt learners to pop out one arm or leg at a time, followed by the rest of the body as you speak.



MY SPRING GARDEN IDEAS:



MY EXPERIENCE NOTES:





COOL DOWN

2-5 MINUTES

ENCOURAGE THE LEARNERS TO DO THE FOLLOWING:

Stretch up like the tallest tree, then slowly roll down and lie on your backs. Close your eyes and feel the breeze on your face. Imagine the green leaves and colourful flowers dancing on the tree above you.

WHAT YOU'LL NEED

- Props and costumes for the final performance
- Two songs ("Sunshine in My Pocket" by Justin Timberlake, and "Happy" by Pharrell Williams)



COOL DOWN IDEAS:

HOW TO MAKE THE LESSON EASIER

- Have some pre-established dance moves ready in case your class is shy about sharing ideas.
- Lead the dance with vocal and physical instructions e.g. " Step left." Say it out loud and take the step.

WAYS TO INCORPORATE CROSS CONTENT TEACHING

- Facilitate an artwork lesson whereby your learners glue seeds onto paper and form a design.



HOW TO MAKE THE LESSON MORE DIFFICULT

- Find faster music to do the dance to or put the class into two groups and create a 'dance-off'.



MORE WONDERFUL IDEAS:



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DRAMA WORKBOOK ONE

FOR FOUNDATION PHASE TEACHERS



This workbook was written by two qualified Drama teachers. Jackie and Dee Fleuriot have a combined experience of over forty years in the foundation phase drama teaching field.

This workbook includes the following 20 CAPS themed drama lessons along with eight original grandparent poems:

- Manners
- Shapes, Colours & Patterns
- My Five Senses
- Pets
- Healthy Living & Healthy Eating
- Jobs & Professions
- Transport & Road Safety
- Sport
- Winter
- Farm Animals
- Insects, Birds & Creepy Crawlies
- Dinosaurs
- Under the Sea
- Spring
- Heritage Day
- Time & Clocks
- Night & Day
- The Circus
- Music
- Christmas

YOU'VE BEEN SPARKED!

